

PREFERRED LEARNING STYLES

HONEY AND MUMFORD

- ▶ **'Having an Experience'** (stage 1), and **Activists** (style 1): 'here and now', gregarious, seek challenge and immediate experience, open-minded, bored with implementation.
- ▶ **'Reviewing the Experience'** (stage 2) and **Reflectors** (style 2): 'stand back', gather data, ponder and analyse, delay reaching conclusions, listen before speaking, thoughtful.
- ▶ **'Concluding from the Experience'** (stage 3) and **Theorists** (style 3): think things through in logical steps, assimilate disparate facts into coherent theories, rationally objective, reject subjectivity and flippancy
- ▶ **'Planning the next steps'** (stage 4) and **Pragmatists** (style 4): seek and try out new ideas, practical, down-to-earth, enjoy problem solving and decision-making quickly, bored with long discussions.

DO THESE DESCRIPTIONS FIT WITH YOUR PREFERRED STYLE?

WHAT WOULD YOU ADD TO YOUR LEARNING STYLE?